

The Trotting Times

Here's Hope Horse Farm

Proud to Present New Owners

By Linda Filing Heindel

Here's Hope Horse Farm has had significant and great changes this year. My son and daughter in law, Joey and Beth Heindel, have purchased the home and property that Here's Hope Horse operates from. I no longer live on the property and have moved to a condominium near my parents in West Akron. I feel I now have the best of both worlds; as Joey takes care the tremendous amount of maintenance, bless his heart, I now have more time for the program and my favorite activity horse back riding! This change truly seems to be God's doing, more so

than ours! It's so exciting to see how the Lord, our "Master Planner", is unfolding His marvelous plans. Joe has already made some very cost effective changes that take a little more labor and a lot less money. Beth has her Master's Degree in Occupational Therapy and will be a great asset to our students, although she has had to slow down at the farm for now as she is expecting their first child, my first grand child. We are so excited! I will continue as Executive Director, instructing, finances, and running the program.

I have already felt quite

a load lifted and have been able to attend several classes on Therapeutic



"The Lord is my Shepherd, I shall not want. He makes me lie down in green pastures, he leads me beside quiet waters." Psalm 23

*Here's Hope Horse Farm's annual trail ride
Property Owners: Joe and Beth Heindel*

Here's Hope
Horse Farm
Volume VIII
November 2011

Thanks to the
Charles R. Jelm
Foundation

NARHA to PATH

Here's Hope Horse Farm is a North American Riding for the Handicapped Association (NARHA) Center Member. NARHA has recently gone through a name change called PATH (Professional Association of Therapeutic Horsemanship, International). The PATH standards provide a basis for

maintaining a safe, professional and enjoyable riding environment as well as educational resources to continually improve our center. Both instructors, Barb and Linda, were able to attend the PATH International conference in Lexington, Kentucky. The classes have given us many new strategies that will be incorporated

in the Spring Session. Some of the courses were:

Effects of Hippotherapy on Children with Cerebral Palsy

Therapeutic Riding in Children with Autism

Programs and Child Social Competence & Stress

Carriage Driving-An extraordinary

The Meaning of Here's Hope Horse Farm By Kaiyla Capien, Volunteer

Here's Hope Horse Farm is a place where children, teenagers and adults grow in the body, mind and spirit; students and volunteers alike. So many things are accomplished through therapeutic horseback riding. It has been proven through research. On a smaller scale we can tell this just by observing the students progress week after week. The volunteers grow tremendously too. They learn responsibility, kindness and much more. To me, going to the horse farm is an escape from my everyday life. I have been a part of the horse farm for about four years now and over those years the wonderful people involved have become my second family. Every week I look forward to seeing the students and volunteers. I think that it is incredible how the students and volunteers connect. Throughout my years involved with this magnificent place I have met some wonderful people and made many friends.

Over the four years I have been here, I have seen Here's Hope Horse Farm grow so much. When I first started we only had two horses and only the front ring was available. Now we have three magnificent horses and a wonderful back ring plus a mounting ramp. The new ring is so helpful because for one it is bigger and also it is safer away from the busy road. The mounting ramp is such a blessing

because it is now so much easier to get the students, who have a hard time mounting, onto the horse. Also we have gained so many students and volunteers. One thing Linda always says it that: Most of the people involved were brought here by the word of mouth because she has never advertised, which is wonderful because of the amount of people we now have. I am just so grateful to be involved with such a thriving and terrific program. Most of the volunteers come every week in the spring, summer and fall sessions. I think this is

“Even the Son of Man did not come to be served, but to serve.” Mark 10:45

because we love being there so much. Don't get me wrong, coming every week can be tough. Sometimes it is very hot or rainy and it can also be tiring but in the end it is all worthwhile. When you connect with the students you look forward to seeing them accomplish their goals. It is so touching to watch the students grow, discover and conquer their biggest fears and obstacles.

To some when they first start volunteering, they say it is just service hours for school, or a chance to be a good



“Well done good and faithful servant, ...come and share your master's happiness.” Matthew

person and help out the community but once you've been here long enough you are touched by what this program does for the students. You become attached to the students, volunteers and horses, and like I said before, Here's Hope Horse Farm, for many, has become their second family. After a long day of volunteering, and even though I may be sweaty and tired I smile at the students walking away with a glow in their eye. I love listening to them talk about school, basketball, their toys, their family or their dads cool car. Over my years involved in the program, I have learned so much from my fellow volunteers, Linda and also the students. When the students come to the horse farm they are always ready for a challenge and with a smile on their face. They conquer what they are afraid of. They are nice to everyone no matter who the person is and overall they are amazing people. I think that the world could use

Special Events

In addition to our Spring, Summer and Fall sessions, our events include 7th annual horse show held on August 20, 2011. We were again blessed with sunshine and lots of fun! Each rider received three ribbons, ranging from first, second or third place. All riders did a fantastic job. Our equestrian of the year award honored student, Sarah Snider, for her magnificent accomplishments on Colombo. Next, we had our hay ride at Heritage Farms, again, blessed

with sunshine! Approximately forty attendees enjoyed pumpkins, hayride and friendship. Our annual Christmas party, hosted by president, Noreen Faix, will be on December 11, 2011, room donated once again by Immaculate Heart of Mary Parish. Our 2010 Christmas Party was beautiful with 100 attendees. Our volunteer banquet will be held this year on November 20. A BIG thank you to all of you who ran along side of horses in 100



“God holds victory for the up right and He guards those who walk in integrity.” 2 Timothy 4:7

Funding denied based on “religion”

Here’s Hope Horse Farm faces particularly difficult obstacles once again this year. As the economy still looks bleak, our funders tighten their belts as well as their reasons not to fund. Our second largest funder has denied us funding based on an inability to fund any organization that ties “religion” into their program.

Here’s Hope Horse Farm believes God is the core existence and center of our program. We will remain a Christ based facility and depend on His divine guidance, help and intervention to provide therapy and health for our students. In God we trust. Amen!

*“Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive and inheritance from the Lord as a reward. It is the Lord Christ you are serving.”
Colossians 3:23,24*

Yes! I’d like to help

Name _____

Street _____

City _____

Address _____

Please detach and forward your tax exempt donation to:

Here’s Hope Horse Farm
2545 Northampton Road
Cuyahoga Falls, OH 44223



*“You will be enriched in every way so that you can be generous on every occasion, and through us your generosity will result in thanksgiving to God.”
2 Corinthians 9:10-12*

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**We're on the
web:
[www.hereshope
horsefarm.org](http://www.hereshopehorsefarm.org)**



Helping Others Help Others

“So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.” Isaiah 41:10 Here's Hope Horse Farm's focus is two fold. Our first focus is providing horse therapy to our Special Needs Students. Secondly, our volunteer program has grown to be a “life changing experience for volunteers”, as quoted by a parent with a child from the Crossroads Program, a program that collaborates with numerous community service providers

such as Here's Hope Horse Farm, offering alternative assistance to youths. Crossroads is an intensive supervision program for youth



“But they that wait upon the Lord shall renew their strength, they shall mount up with wings like eagles.” Isaiah 40:31

through the Summit County Juvenile Courts. The innovative approach of the Crossroads Program has become a model for similar programs statewide and

nationally. We have found that the teens are helped the most when serving others. We also cannot forget how our four legged friends, Pecho, Colombo and Dee have helped students and volunteers alike.

As Winston Churchill put it, “The outside of a